

National Law Center  
On Homelessness and Poverty

# Myths and Facts about Homelessness

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It is a tragic aspect of our culture that homeless people, in addition to suffering from the hardship of their condition, are subjected to alienation and discrimination by mainstream society. It is even more tragic that alienation and discrimination often spring from incorrect myths and stereotypes which surround homelessness. The following examines some of the myths and the realities about homelessness.

## ***Arrest Records of Homeless People***

Myth: Homeless people commit more violent crimes than housed people.

**Fact: Homeless people actually commit less violent crimes than housed people.**

Dr. Pamela Fischer, of Johns Hopkins University, studied the 1983 arrest records in Baltimore and found that although homeless people were more likely to commit non-violent and non-destructive crimes, they were actually less likely to commit crimes against person or property.<sup>1</sup> The report findings are summarized in the following table.

	% of crimes against person or property	% of all other types of crimes
Crimes committed by homeless people	25%	75%
Crimes committed by non-homeless people	35%	65%

## ***The Magnet Theory***

Myth: Setting up services for homeless people will cause homeless people from all around to migrate to a city.

**Fact: Studies have shown that homeless people do not migrate for services. To the extent they do move to new areas, it is because they are searching for work, have family in the area, or other reasons not related to services.**

A recent study found that 75% of homeless people are still living in the city in which they became homeless.<sup>2</sup>

## ***The Chronic Theory***

Myth: Homeless people are a fixed population who are usually homeless for long periods of time.

**Fact: The homeless population is quite diverse in terms of their length of homelessness and the number of times they cycle in and out of homelessness.**

Research on the length of homelessness states that 40% of homeless people have been homeless less than six months, and that 70% of homeless people have been homeless less than two years.<sup>3</sup>

Other research on the length of homelessness has identified three primary categories of homeless people:

- transitionally homeless who have a single episode of homelessness lasting an average of 58 days,
- episodically homeless who have four to five episodes of homelessness lasting a total of 265 days,
- chronically homeless who have an average of two episodes, lasting a total of 650 days.<sup>4</sup>

## ***Homeless Population Demographics***

Myth: Homeless people are mostly single men.

**Fact: Families constitute a large and growing percentage of the homeless population.**

A recent study found that families comprise 38% of the urban homeless population.<sup>5</sup> Other research finds that homeless families comprise the majority of homeless people in rural areas.<sup>6</sup>

## ***Employment***

Myth: Homeless people don't work and get most of their money from public assistance programs.

**Fact: Homeless people do work, and a relatively small percentage of them receive government assistance.**

A nationwide study by the Urban Institute in 1987 found that only 20% of 1,704 homeless people received AFDC, GA, or SSI.<sup>7</sup>

A study done in Chicago found that 39% of homeless people interviewed had worked for some time during the previous month.<sup>8</sup>

## ***Substance Abuse and Mental Illness***

Myth: All homeless people are mentally ill or substance abusers.

**Fact: Around a quarter of homeless people are mentally ill, and about 40% are alcohol or substance abusers, with around 15% suffering both disabilities.**

Koegel has researched the prevalence of mental illness among the homeless population and found "between 20% and 25% of those homeless people studied have at some time experienced severe and often extremely disabling mental illnesses such as schizophrenia and the major affective disorders (clinical depression or bipolar disorder)."<sup>9</sup>

James Wright, of Tulane University, has studied the prevalence of alcohol and other drug abuse among the homeless population. He finds that 38% of homeless people are alcohol abusers, as opposed to 10% of the general population. He furthermore finds that 13% of homeless people are drug abusers.<sup>10</sup>

The Center for Mental Health Services states that between 10 and 20% of homeless people suffer "co-occurring severe mental and substance use disorders."<sup>11</sup>

1. James Wright, Memo to NLCHP: *Transiency of Homeless Substance Abusers* 1 (March 11, 1997)
2. Martha Burt, *What We Know About Helping the Homeless and What It Means For HUD's Homeless Programs* Testimony presented to the Housing and Community Development Subcommittee of the Banking and Financial Institutions Committee of the U.S. House of Representatives 1 (March 5, 1997).
3. Dennis Culhane, Testimony presented to the Housing and Community Development Subcommittee of the Pamela Fischer, *Criminal Activity Among the Homeless: A Study of Arrests in Baltimore* 49 (January, 1988).
4. Banking and Financial Institutions Committee of the U.S. House of Representatives, Figure 3 (March 5, 1997).
5. U.S. Conference of Mayors, *A Status Report on Hunger and Homelessness in America's Cities:1996* (1996)
6. Yvonne Vissing, *Out of Sight, Out of Mind: Homeless Children and Families in Small Town America, 1996* (1996).
7. Martha Burt and Cohen, *America's Homeless: Numbers, Characteristics, and Programs that Serve Them* 43 (1989).
8. Peter Rossi, *Down and Out in America* 40 (1989).
9. Paul Koegel, *Causes of Homelessness*, *Homelessness in America* 31 (1996).
10. James Wright, *Homelessness and Health* 68 (1987).
11. Substance Abuse and Mental Health Services Administration, Center for Mental Health Services, U.S. Department of Health and Human Services, *Integrating Mental Health and Substance Abuse Services for Homeless People with Co-Occurring Mental and Substance Use Disorders* 1.